



Forest School Procedures for Extremely Cold Weather

Our forest school is cooler than the main outdoor gardens as lots of shelter is provided by the canopy of trees. In addition to the usual procedures for nursery sessions in colder weather (layers of clothing, gloves and hats) please note the following:

During periods of extremely cold weather staff will adhere to the following procedures:

- Staff will ensure they are suitably dressed wearing multiple layers, long sleeved tops and long trousers
- We provide waterproof trousers to parents/carers of all children to protect their clothing
- Warm drinks will be provided for children and adults during snack time and staff will judge if children need to have snack a little earlier than usual during the session
- Children's temperatures will be monitored to ensure they aren't getting overly cold. If children are found to be getting too cold, staff will suggest an activity that will help children to warm up. Extra layers of clothing will also be provided if needed
- If the accredited forest school leader deems it to be too cold to continue the session, children will return to the classroom and the usual procedures for the general session will apply

On your child's forest school sessions we ask parents/carers to ensure the following:

- Children come dressed for their forest school session in a few light layers, long sleeved tops and trousers
- Parents will assist children to get ready for their forest school session by helping them dress in the waterproofs provided by nursery

We advise that children borrow the hats and gloves provided by nursery, as things can be easily lost in the forest or could get dirty. Outdoor play in colder weather has many benefits to children. Further information, Outdoor Play in Winter, can be found in the Parents – New Starters section of our website sandylanenurseryandforestschool.co.uk